



Sample Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <ul style="list-style-type: none"> Cereal, Fresh Fruit Meat and Cheese Pinwheels, Fresh Vegetables and Dip, Fresh Fruit, Milk Crackers, Fresh Fruit 	3 <ul style="list-style-type: none"> English Muffin, Fresh Fruit Chicken Alfredo Bake, Garden Salad, Fresh Fruit, Milk Crackers, Fresh Fruit 	4 <ul style="list-style-type: none"> Waffles, Fresh Fruit Roasted Pork, Potatoes and Gravy, Roasted Vegetables, Fresh Fruit, Rolls, Milk Fig Newton and Yogurt 	5 <ul style="list-style-type: none"> Biscuit, Fresh Fruit Chicken Hotdogs, Baked Beans, Vegetable Slaw, Fresh Fruit Milk Crackers, Cheese 	6 <ul style="list-style-type: none"> Cheesy Grits, Fresh Fruit Teriyaki Chicken, Stir-fry Vegetables, Rice, Fresh Fruit, Milk Chips and Salsa 	7
8	9 <ul style="list-style-type: none"> Cereal, Fresh Fruit Sloppy Joe Sliders, Veggies and Dip, Fresh Fruit, Milk Crackers, Fresh Fruit 	10 <ul style="list-style-type: none"> Bagel, Fresh Fruit Sausage and Penne Pasta, Garden Salad, Fresh Fruit, Milk Crackers, Wow Butter Fresh Fruit 	11 <ul style="list-style-type: none"> Pancake, Fresh Fruit Roasted Turkey and Gravy, Roasted Vegetables, Fresh Fruit, Rolls, Milk Crackers, Vegetables and dip 	12 <ul style="list-style-type: none"> French Toast, Fresh Fruit White Chicken Chili, Garden Salad, Fresh Fruit, Rolls, Milk Crackers and Yogurt 	13 <ul style="list-style-type: none"> Oatmeal, Applesauce BBQ Chicken and Rice, Roasted Vegetables, Fresh Fruit, Milk Tail Mix and Fresh Fruit 	14
15	16 <ul style="list-style-type: none"> Cereal, Fresh Fruit Meat and Cheese Pinwheels, Fresh Vegetables and Dip, Fresh Fruit, Milk Crackers, Fresh Fruit 	17 <ul style="list-style-type: none"> English Muffin, Fresh Fruit Chicken Alfredo Bake, Garden Salad, Fresh Fruit, Milk Crackers, Fresh Fruit 	18 <ul style="list-style-type: none"> Waffles, Fresh Fruit Roasted Pork, Potatoes and Gravy, Roasted Vegetables, Fresh Fruit, Rolls, Milk Fig Newton and Yogurt 	19 <ul style="list-style-type: none"> Biscuit, Fresh Fruit Chicken Hotdogs, Baked Beans, Vegetable Slaw, Fresh Fruit Milk Crackers, Cheese 	20 <ul style="list-style-type: none"> Cheesy Grits, Fresh Fruit Teriyaki Chicken, Stir-fry Vegetables, Rice, Fresh Fruit, Milk Chips and Salsa 	21
22	23 <ul style="list-style-type: none"> Cereal, Fresh Fruit Sloppy Joe Sliders, Veggies and Dip, Fresh Fruit, Milk Crackers, Fresh Fruit 	24 <ul style="list-style-type: none"> Bagel, Fresh Fruit Sausage and Penne Pasta, Garden Salad, Fresh Fruit, Milk Crackers, Wow Butter Fresh Fruit 	25 <ul style="list-style-type: none"> Pancake, Fresh Fruit Roasted Turkey and Gravy, Roasted Vegetables, Fresh Fruit, Rolls, Milk Crackers, Vegetables and dip 	26 <ul style="list-style-type: none"> French Toast, Fresh Fruit White Chicken Chili, Garden Salad, Fresh Fruit, Rolls, Milk Crackers and Yogurt 	27 <ul style="list-style-type: none"> Oatmeal, Applesauce BBQ Chicken and Rice, Roasted Vegetables, Fresh Fruit, Milk Trail Mix and Fresh Fruit 	28 

DATES TO REMEMBER

- February 2-13 - Cosmic Reading Challenge**
- February 13 - Celebration of Friends- Valentines Day Wear Red, Pink or White to school.**
- February 16 - Presidents Day MKU is Closed for Staff Development Day**
- February 17-20 - Random Act's of Kindness Week**
- February 17- Ramadan Starts**
- February 18- Ash Wednesday**
- March 4- Holi Day- Wear Bright Colors**
- March 8 Daylight Savings**
- March 17- St. Patrick's Day- Wear Green**
- March 20- First day of Spring**
- March 24-27 Parent Teacher Conferences- Pre Primary**

Morning snack is served from 8:00-8:30, Lunches is provided by Middle Spoon Catering, afternoon snack is served from 3:00-3:30