


2023

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1 MIDDLE SPOON CATERING	2 Closed for the New Year	3 Cereal, Fresh Fruit, Milk Cheese Tortellini and Chicken, Salad and Dressing, Fresh Fruit, Milk Crackers and Cheese	4 Bagel w/Cream Cheese, Fresh Fruit Roasted Chicken, Rice, Roasted Vegetables, Fresh Fruit Milk Nilla Wafer and Banana	5 English Muffin, Fresh Fruit. Meatloaf and Mashed Potato and Gravy, Salad, Fresh Fruit, Milk Graham Cracker & Fruit	6 Pancake, Fresh Fruit Pork Tenderloin with mac & Cheese, Roasted Vegetables, Fresh Fruit, Milk Cheese its and Yogurt	7
8	9 Cereal, Apple Sauce, Milk Turkey Sliders, Veg and Fresh Fruit, Milk Cheese cubes and crackers	10 Muffins, Fresh Fruit Cheeseburger Mac, Salad and Dressing, Fresh Fruit, Milk Nutri Grain bars and Yogurt	11 Bagels ,Fresh Fruit, Milk Marinated Chicken, Herb Stuffing, Roasted Sweet Potato, Fresh Fruit, Milk Fresh Vegetables and Dip with Crackers	12 Waffles, Apple Sauce BBQ Meatballs, Rice, Salad, Fresh Fruit, Milk Fresh Fruit and Yogurt	13 Overnight Oatmeal, blended berries White Chicken Chili/, Roasted Vegetables , Fresh Fruit, Milk Turkey slices and crackers	14
15	16 English Muffin with Jelly, Banana Roast Beef Sliders, Fresh Vegetables, Fresh Fruit, Milk Graham Crackers with Cream Cheese, Milk	17 Cereal, Fresh Fruit, Milk Cheese Tortellini and Chicken, Salad and Dressing, Fresh Fruit, Milk Crackers and Cheese	18 Bagel w/Cream Cheese, Fresh Fruit Roasted Chicken, Rice, Roasted Vegetables, Fresh Fruit Milk Nilla Wafer and Banana	19 English Muffin, Fresh Fruit. Meatloaf and Mashed Potato and Gravy, Salad, Fresh Fruit, Milk Graham Cracker & Fruit	20 Pancake, Fresh Fruit Pork Tenderloin with mac & Cheese, Roasted Vegetables, Fresh Fruit, Milk Cheese its and Yogurt	21
22	23 Cereal, Apple Sauce, Milk Turkey Sliders, Veg and Fresh Fruit, Milk Cheese cubes and crackers	24 Muffins, Fresh Fruit Cheeseburger Mac, Salad and Dressing, Fresh Fruit, Milk Nutri Grain bars and Yogurt	25 Bagel, Fresh Fruit, Milk Marinated Chicken, Herb Stuffing, Roasted Sweet Potato, Fresh Fruit, Milk Fresh Vegetables and Dip with Crackers	26 Waffles, Apple Sauce BBQ Meatballs, Rice, Salad, Fresh Fruit, Milk Fresh Fruit and Yogurt	27 Overnight Oatmeal, blended berries White Chicken Chili/, Roasted Vegetables , Fresh Fruit, Milk Turkey slices and crackers	28
29	30 English Muffin with Jelly, Banana Roast Beef Sliders, Fresh Vegetables, Fresh Fruit, Milk Graham Crackers with Cream Cheese, Milk	31 Cereal, Fresh Fruit, Milk Cheese Tortellini and Chicken, Salad and Dressing, Fresh Fruit, Milk Crackers and Cheese	1	2	3	4
5	6	<p>NOTES:</p> <p>AM SNACK, LUNCH, PM SNACK Whole Milk is served to children under 24 months. Children 24 months and older will be served 1% Milk. Water is served with snacks unless otherwise stated.</p>				 <p>MONTESORI KIDS UNIVERSE™</p>