



2022

SEPTEMBER

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| <p>28</p>  | <p>29</p> | <p>30</p> | <p>31</p> | <p>1 Bagel w/Cream Cheese, Berries Cheese Taquito, Black Beans, Veggies and Dip, Fresh Fruit Milk Crackers and Cheese</p> | <p>2 English Muffin with Jelly, Fresh Fruit Vegetarian Chili, Rolls, Veggies and Dip, Fresh Fruit, Milk Graham Cracker & Yogurt</p> | <p>3</p> |
| <p>4</p> | <p>5 Closed for Labor Day!</p> | <p>6 Bagel w/Cream Cheese, Berries Tomato Basil Chicken, Garden Salad, Garlic Bread, Fresh Fruit Milk Vegetables, dip, and crackers</p> | <p>7 Apple Pie Overnight Oats Southwestern Mac and Cheese, Veggies and Dip, Fresh Fruit , Milk Crackers with Soy Butter</p> | <p>8 Waffels, Apple Sauce Chicken Quesadilla, Rice, Roasted Veggies, Fresh Fruit, Milk Fresh Fruit and Yogurt</p> | <p>9 Cereal, Fresh Fruit, Milk Meatballs with Gravy, Mashed Potatoes, Garden Salad, Fresh Fruit ,Milk Hummas and Nann Bread</p> | <p>10</p> |
| <p>11</p> | <p>12 Cereal, Fresh Fruit, Milk Pepperoni Pizza Sliders, Veggies and Dip, Fresh Fruit , Milk Nilla Wafers & Fesh Fruit</p> | <p>13 Pancakes, Apple Sauce Marinated Chicken, Mashed Potatoes and Gravy, Garden Salad, Fresh Fruit, Milk Mozzarella sticks and crackers</p> | <p>14 Muffins, Yogurt Ravioli Lasagna, Garlic Bread, Garden Salad, Fresh Fruit, Milk NutriGrain Bar, Milk</p> | <p>15 Bagel w/Cream Cheese, Fresh Fruit Cheese Taquito, Black Beans, Veggies and Dip, Fresh Fruit Milk Crackers and Fresh Fruit</p> | <p>16 English Muffin with Jelly, Fresh Fruit Vegetarian Chili, Rolls, Veggies and Dip, Fresh Fruit, Milk Graham Cracker & Yogurt</p> | <p>17</p> |
| <p>18</p> | <p>19 English Muffin with Jelly, Banana Hot Ham and Cheese Slider, Veggies and Dip, Fresh Fruit, Milk Guacamole, **tortilla chips</p> | <p>20 Bagel w/Cream Cheese, Berries Tomato Basil Chicken, Garden Salad, Garlic Bread, Fresh Fruit Milk Vegetables, dip, and crackers</p> | <p>21 Cereal, Fruit, Milk Southwestern Mac and Cheese, Veggies and Dip, Fresh Fruit , Milk Crackers with Soy Butter</p> | <p>22 Waffels, Apple Sauce Chicken Quesadilla, Rice, Roasted Veggies, Fresh Fruit, Milk Fresh Fruit and Yogurt</p> | <p>23 Overnight Oatmeal, blended blueberries Meatballs with Gravy, Mashed Potatoes, Garden Salad, Fresh Fruit ,Milk Hummas & Nann Bread</p> | <p>24</p> |
| <p>25</p> | <p>26 Cereal, Fresh Fruit, Milk Pepperoni Pizza Sliders, Veggies and Dip, Fresh Fruit , Milk Nilla Wafers & Fesh Fruit</p> | <p>27 Pancakes, Apple Sauce Marinated Chicken, Mashed Potatoes and Gravy, Garden Salad, Fresh Fruit, Milk Cheese and crackers</p> | <p>28 Muffins, Yogurt Ravioli Lasagna, Garlic Bread, Garden Salad, Fresh Fruit, Milk NutriGrain Bar, Milk</p> | <p>29 Bagel w/Cream Cheese, Berries Cheese Taquito, Black Beans, Veggies and Dip, Fresh Fruit Milk Crackers & Fresh Fruit</p> | <p>30 English Muffin with Jelly, Fresh Fruit Vegetarian Chile, Rolls, Veggies and Dip, Fresh Fruit, Milk Graham Cracker & Yogurt</p> |  |
| <p>2</p> | <p>3</p> | <p>AM SNACK, LUNCH, PM SNACK * Toddlers and under will be served apple sauce ** Twos and under will be served sliced soft tortillas. Whole Milk is served to children under 24 months. Children 24 months and older will be served 1% Milk. Water is served with snacks unless otherwise stated.</p> | | | | |