

2022

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT	
26 	27	28	29	30	31	1	
2	3 Pancakes, Apple Sauce Caprese Chicken Sliders, Veg and Fresh Fruit, Milk Cheese cubes and crackers	4 Muffins, Apple Slices Cheese Tortellini, Marinara, Salad and Dressing, Fresh Fruit, Milk Nutri Grain bars and Yogurt	5 English Muffins w/Jelly, fresh fruit Stir Fry Chicken and Veg, Rice, Fresh Fruit, Milk Goldfish and Fresh Vegetables with dip	6 Cereal, Fresh Fruit. Milk Meatloaf and Mashed Potato and Gravy, Roasted Vegetables, Fresh Fruit, Milk Graham Cracker & Fruit	7 Overnight Oatmeal, blended berries Roasted Turkey with Stuffing & Gravy, Salad , Fresh Fruit, Milk Turkey slices and crackers	8	
9	10 English Muffin with Jelly, Banana Roast Beef Sliders, Fresh Vegetables, Fresh Fruit, Milk Graham Crackers with Cream Cheese, Milk	11 Bagel w/Cream Cheese, Fresh Fruit Spaghetti and Meatballs, Salad and Dressing, Fresh Fruit, Milk Nilla Wafer and Banana	12 Cereal, Fresh Fruit, Milk Marinated Chicken, Herb Stuffing, Roasted Sweet Potato, Fresh Fruit, Milk Fresh Vegetables and Dip with Crackers	13 Waffles, Apple Sauce Tomato Soup w/ Cheese Crouton, Bean Salad, Fresh Fruit, Milk Fresh Fruit and Yogurt	14 Yogurt Parfee with granola Roast Beef, Mashed Potato and Gravy, Veg, Fresh Fruit, Milk Cheese and crackers	15	
16	17 Cereal, Fresh Fruit, Milk Caprese Chicken Sliders, Veg and Fresh Fruit, Milk Cheese Cubes, Crackers	18 Pancakes, Apple Sauce Cheese Tortellini, Marinara, Salad and Dressing, Fresh Fruit, Milk NutriGrain Bar, Milk	19 Blueberry Muffins, Yogurt Teriyaki Tofu, Steamed Veg, Fresh Fruit, Milk Turkey and Cheese Wrap	20 Bagel w/Cream Cheese, Berries Meatloaf & Mashed Potato & Gravy, Roasted Vegetables, Fresh Fruit, Milk Graham Crackers & Yogurt	21 Overnight Oatmeal, blended blueberries Roasted Turkey with Stuffing & Gravy, Salad , Fresh Fruit, Milk Fresh Vegetables, Dip and Crackers	22	
23	24 English Muffin with Jelly, Banana Roast Beef Sliders, Fresh Vegetables, Fresh Fruit, Milk Graham Crackers with Cream Cheese, Milk	25 Bagel w/Cream Cheese, Berries Spaghetti and Meatballs, Salad and Dressing, Fresh Fruit, Milk Nilla Wafer and Banana	26 Cereal,*Fresh Fruit, Milk Stir Fry Chicken and Veg, Rice, Fresh Fruit, Milk Fresh Vegetables, Dip and Crackers	27 Waffles, Apple Sauce Tomato Soup with Grilled Cheese, Fresh Vegetables, Fresh Fruit, Milk Fresh Fruit and Yogurt	28 Yogurt Parfee with granola Roast Beef, Mashed Potato and Gravy, Veg, Fresh Fruit, Milk Cheese and crackers	29	
30	31 Pancakes, Apple Sauce Marinated Chicken, Black Beans and Rice, Crudites and Dip, Fresh Fruit, Milk Cheese cubes and crackers	<p>NOTES:</p> <p>AM SNACK, LUNCH, PM SNACK Whole Milk is served to children under 24 months. Children 24 months and older will be served 1% Milk. Water is served with snacks unless otherwise stated.</p>					