

MENU 3

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| --- | --- | --- | --- | --- | --- |
| AM SNACK | Fruit/ Wheat Crackers | Yogurt / Wheat Crackers | Fruit/ Wheat Crackers | Pan cake w/ honey fruit Crackers | Fruit/ Wheat Crackers |
| LUNCH | Chicken stir fry with rice noodles, carrots and zucchiniTofu stir fry with rice noodles, carrots and zucchiniMilk | Dollar pancake with berries and hard boiled eggMilk | Macaroni and cheesewith turkey and broccoli.Macaroni and cheeseand broccoli.Milk | Bean and cheese tacoWith Mexican rice w/ carrots and peas.Milk | Fideo Soup with spinach and beef Wheat rollsFideo Soup with spinach and tofu.Wheat rollsMilk |
| PM SNACK | Cucumber and hummus | Yogurt with animalcrackers | Whole bread w/cream cheese and jelly | Turkey deli and crackers | Banana sushi roll |

Cereal and milk served from 7:15 to 8:00 AM