

MENU 3

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| --- | --- | --- | --- | --- | --- |
| AM SNACK | Fruit/ Wheat Crackers | Yogurt / Wheat Crackers | Fruit/ Wheat Crackers | Pan cake w/ honey fruit Crackers | Fruit/ Wheat Crackers |
| LUNCH | Chicken stir fry with  rice noodles, carrots and zucchini  Tofu stir fry with rice noodles, carrots and zucchini  Milk | Dollar pancake with berries and hard boiled egg  Milk | Macaroni and cheese  with turkey and broccoli.  Macaroni and cheese  and broccoli.  Milk | Bean and cheese taco  With Mexican rice w/ carrots and peas.  Milk | Fideo Soup with spinach and beef  Wheat rolls  Fideo Soup with spinach and tofu.  Wheat rolls  Milk |
| PM SNACK | Cucumber and hummus | Yogurt with animal  crackers | Whole bread w/cream cheese and jelly | Turkey deli and crackers | Banana sushi roll |

Cereal and milk served from 7:15 to 8:00 AM