

Week 2

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| --- | --- | --- | --- | --- | --- |
| AM SNACK | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers |
| LUNCH | Chicken quesadilla and cucumbers with ranchCheese quesadilla with cucumbers and ranchMilk | spaghetti and ground Beef, tomato sauce peasSpaghetti and , tomate sauce, peasMilk | Ham and cheese rollups with cornVeggies and hummus roll upsMilk | Fish sticks with mashed potatoes and green beansMozzarella sticks mashed potatoes and green beansMilk | Fideo soup with beans and chopped veggies Whole wheat rollsMilk |
| PM SNACK | Cookies with American cheese | Energy ball with bananas | String cheese with crackers | Yogurt with animal crackers | Pretzels with hummus |

Cereal and milk served from 7:15 to 8:00 AM