

Week 2

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| --- | --- | --- | --- | --- | --- |
| AM SNACK | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers | Fruit/ Wheat Crackers |
| LUNCH | Chicken quesadilla and cucumbers with ranch  Cheese quesadilla with cucumbers and ranch  Milk | spaghetti and ground Beef, tomato sauce peas  Spaghetti and , tomate sauce, peas  Milk | Ham and cheese rollups with corn  Veggies and hummus roll ups  Milk | Fish sticks with mashed potatoes and green beans  Mozzarella sticks mashed potatoes and green beans  Milk | Fideo soup with beans and chopped veggies  Whole wheat rolls  Milk |
| PM SNACK | Cookies with American cheese | Energy ball with bananas | String cheese with crackers | Yogurt with animal crackers | Pretzels with hummus |

Cereal and milk served from 7:15 to 8:00 AM