

# MKU SNACK MENU

		Monday	Tuesday	Wednesday	Thursday	Friday
Jan 4-8, Feb 1-5, March 1-5, March 29-April 2, April 26- 30, May 24-28, June 21-25, July 19-23, August 16-20, September 13-17, October 11-15, November 8-12, December 6-10	<b>Week One:</b>	AM SNACK:  Cheerios with Milk	AM SNACK:  Oatmeal made with milk	AM SNACK:  Bananas with Graham Crackers and Milk	AM SNACK:  Hard Boiled Eggs, Canned Fruit and Milk	AM SNACK:  Bread with Jelly and Milk
		PM SNACK:  Turkey Slice with Veggie Straws	PM SNACK:  Cucumbers with Hummus	PM SNACK:  Saltines (<2) or Chips (2+) with Black Beans	PM SNACK:  Goldfish with Fruit	PM SNACK:  Animal Crackers with String Cheese
Jan 11-15, Feb 8-12, March 8-12, April 5- 9, May 3-7, May 31- June 4, June 28-July 2, July 26-30, August 23-27, Sep 20-24, Oct 18-22, Nov 15-19, Dec 13-17.	<b>Week Two:</b>	AM SNACK:  Life Cereal with Milk	AM SNACK:  Bagels, Cream Cheese and Milk	AM SNACK:  Sliced Apples with Sun Butter and Milk	AM SNACK:  Mini Muffins and Canned Fruit and Milk	AM SNACK:  Yogurt with Fruit
		PM SNACK:  Saltine Crackers with Cheese Slices	PM SNACK:  Cucumbers (<2) or Carrots (2+) with Ranch	PM SNACK:  Chex Mix	PM SNACK:  Cinnamon Applesauce with Graham Crackers	PM SNACK:  Pirates Booty (<2) or Popcorn (2+)
Jan 18-25, Feb 15-19, March 15-19, April 12-16, May 10-14, June 7-11, July 5-9, August 2-6, August 30-Sept 3, Sept 27- Oct 1, Oct 25-29, Nov 22-26, Dec 20-24	<b>Week Three:</b>	AM SNACK:  Cheerios with Milk	AM SNACK:  Hard Boiled Eggs, Canned Fruit and Milk	AM SNACK:  Waffles with Jelly and Milk	AM SNACK:  Applesauce, Graham Crackers and Milk	AM SNACK:  Bread with Sunbutter and Milk
		PM SNACK:  Pretzels with Hummus	PM SNACK:  Animal Crackers with String Cheese	PM SNACK:  Multigrain Bars and Fruit	PM SNACK:  Bagels with Cream Cheese	PM SNACK:  Cucumbers with Ranch
Jan 25-29, Feb 22-26, March 22-26, April 19-23, May 17-21, June 14-18, July 12- 16, August 9-13, Sept 6-10, Oct 4-8, Nov 1- 5 Nov 29-Dec 3, Dec 27-28	<b>Week Four:</b>	AM SNACK:  Life Cereal with Milk	AM SNACK:  Applesauce, Graham Crackers and Milk	AM SNACK:  Mini Muffins and Apples with Milk	AM SNACK:  Oatmeal made with milk	AM SNACK:  Yogurt with Fruit
		PM SNACK:  Turkey Slice with Veggie Straws	PM SNACK:  Saltines with Cheese Slices	PM SNACK:  Goldfish with Fruit	PM SNACK:  Saltines (<2) or Chips (2+) with Salsa	PM SNACK:  Pirates Booty (<2) or Popcorn (2+)

Snacks are on a four week rotating schedule.  
 Items may be swapped, without notice, with other listed items depending on supply.