



## Montessori Kids Universe - Katy School Menu June--2020

### Morning Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Organic Cereal	Assorted Pastry	Blueberry and Banana Smoothie	House Baked Oatmeal Cranberry Cinnamon Muffin	Croissant

### Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Pinwheel	House Baked Zucchini Bread	Graham Crackers with Apple Sauce	Strawberry Yogurt Parfait with Fresh Fruit	Crackers with Mozzarella Cheese and Blueberries

### Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1-Jun</b>	<b>2-Jun</b>	<b>3-Jun</b>	<b>4-Jun</b>	<b>5-Jun</b>
Macaroni & Cheese with Oven Roasted Chicken, Steamed Broccoli, Fresh Cut Fruit  <b>V-Mac &amp; Cheese with Grilled Tofu</b>	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit  <b>V-Assorted Cheese Wrap</b>	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit  <b>V-Vegetable Fried Rice with Carrots &amp; Lima Beans</b>	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit  <b>V-Broccoli, Cauliflower &amp; Cheese Casserole with Grilled Tofu</b>	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
<b>8-Jun</b>	<b>9-Jun</b>	<b>10-Jun</b>	<b>11-Jun</b>	<b>12-Jun</b>
Chicken & Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit  <b>V-Cheese Quesadillas</b>	Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit  <b>V-Eggplant Parmesan</b>	Rosemary Crispy Chicken with Rice Pilaf, Roasted Red Potato & Carrots, Fresh Baked French Bread, Fresh Cut Fruit  <b>V-Rosemary Crispy Tofu with Rice Pilaf</b>	Grassfed Beef Chili with Black Beans & Cheddar Cheese, Steamed Rice, Oven Roasted Carrots, Fresh Cut Fruit  <b>V-TVP Chili with Black Beans &amp; Cheddar Cheese</b>	Chicken Baked Ziti, Vegetable Medley, Garlic Bread, Fresh Cut Fruit  <b>V-Vegetable Baked Ziti</b>
<b>15-Jun</b>	<b>16-Jun</b>	<b>17-Jun</b>	<b>18-Jun</b>	<b>19-Jun</b>
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit  <b>V-BBQ Boca Burger Slider</b>	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Green Peas & Diced Carrots, Fresh Cut Fruit  <b>V-Grilled Tofu with Mild Cream Anaheim Sauce</b>	Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit	Turkey Meat Loaf, Mashed Potatoes, Sautéed Green Beans & Carrots, Fresh Baguette, Fresh Cut Fruit  <b>V-Vegetarian 'Meat' Loaf</b>	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit  <b>V-Baked Cheese Sticks and Waffles</b>
<b>22-Jun</b>	<b>23-Jun</b>	<b>24-Jun</b>	<b>25-Jun</b>	<b>26-Jun</b>
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit  <b>V-Grilled Tofu with Alfredo Sauce</b>	Sweet and Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit  <b>V-Sweet and Sour Grilled Tofu</b>	Beef Sloppy Joe Sliders, Sweet Potato Tots, Fresh Corn, Fresh Cut Fruit  <b>V-Boca Burger Sloppy Joe Sliders</b>	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, French Bread, Fresh Cut Fruit  <b>V-Teriyaki Grilled Tofu with Broccoli and Carrots</b>	Classic Grassfed Beef Lasagna, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Fresh Cut Fruit  <b>V-Vegetarian Lasagna</b>
<b>29-Jun</b>	<b>30-Jun</b>	<b>1-Jul</b>	<b>2-Jul</b>	<b>3-Jul</b>
Macaroni & Cheese with Oven Roasted Chicken, Steamed Broccoli, Fresh Cut Fruit  <b>V-Mac &amp; Cheese with Grilled Tofu</b>	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit  <b>V-Assorted Cheese Wrap</b>			