

MKU-Homewood Lunch Menu

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni and Cheese Steamed Broccoli Banana Milk	Black Beans White Rice Broccoli Banana Milk	Grilled Cheese Sandwich Steamed Carrots Fresh Fruit Salad Milk	Chicken Tenders Lima Beans Diced Pears Cheddar Cheese Milk	Cheese Pizza Green Beans Bananas Milk

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Rotini Noodles Marinara Sauce Steamed Squash Banana Milk	Chicken Tenders Roasted Potatoes Green Beans Fresh Fruit Salad Milk	Hamburger White Bun Whole Kernel Corn Tater Tots Diced Peaches Milk	Quesadilla Steamed Carrots Fresh Fruit Salad Milk	Cheese Pizza Green Beans Bananas Milk

Gluten Free: Grilled chicken and white rice

Vegetarian: Noodles or rice

No Beef: Grilled Chicken

No Dairy: Noodles or rice on days with cheese items