

# FEBRUARY 2019

## MONTESSORI KIDS UNIVERSE – SUGAR LAND

Lunches Provided By:  
 Roadrunner Foods  
 (p) 281-565-7902  
 (f) 281-565-7904  
 RoadrunnerFoodService.com

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
 Chicken & Spinach Rigatoni Pasta w/  
 Fresh Mozzarella  
 Wheat Roll  
 Seasonal Fresh Fruit  
 V: Veggie "Chicken" & Spinach Rigatoni

**5**  
 Ground Beef Soft Tacos w/ Monterrey  
 Jack Cheese  
 Spanish Rice  
 Seasonal Fresh Fruit  
 V: Bean & Cheese Roll Ups

**6**  
 Teriyaki Chicken Fried Rice w/ Mixed  
 Veggies  
 Wheat Roll  
 Seasonal Fresh Fruit  
 V: Teriyaki Fried Rice w/ Veggie "Chicken"

**7**  
 Beef Sloppy Joes  
 Sweet Potato Fries  
 Seasonal Fresh Fruit  
 V: Sloppy Joe w/ Veggie "Meat"

**1**  
 Oven Baked Cheese Pizza  
 Crinkle Cut Carrots  
 Seasonal Fresh Fruit

**8**  
 Oven Baked Cheese Pizza  
 Sweet Peas  
 Seasonal Fresh Fruit

**11**  
 Crispy Chicken Sandwich on a Whole  
 Wheat Bun  
 Shoe String Fries  
 Seasonal Fresh Fruit  
 V: Grilled Cheese

**12**  
 Oven Baked Chicken Nuggets  
 Scalloped Potatoes  
 Seasonal Fresh Fruit  
 V: Veggie Nuggets

**13**  
 Penne Pasta w/ Beef Bolognese  
 Mixed Veggies  
 Seasonal Fresh Fruit  
 V: Penne Pasta w/ Marinara Sauce

**14**  
 BBQ Chicken Sandwich  
 Loaded Mashed Potatoes  
 Seasonal Fresh Fruit  
 V: Cheese Broccoli & Rice Casserole

**15**  
 Oven Baked Cheese Pizza  
 Buttered Corn  
 Seasonal Fresh Fruit

**18**  
 Grilled Cheese  
 Sweet Peas  
 Seasonal Fresh Fruit

**19**  
 Fettuccine Pasta w/ Grilled Chicken in a  
 Marinara Sauce  
 Oven Roasted Baby Carrots  
 Seasonal Fresh Fruit  
 V: Fettuccine Pasta w/ Marinara

**20**  
 Turkey & Cheddar Hoagies  
 Italian Pasta Salad w/ Fresh Tomatoes,  
 Celery, & Parmesan  
 Seasonal Fresh Fruit  
 V: Jelly Sandwich

**21**  
 Chicken & Cheese Quesadillas  
 Spanish Rice  
 Seasonal Fresh Fruit  
 V: Cheese Quesadillas

**22**  
 Oven Baked Cheese Pizza  
 Mixed Veggies  
 Seasonal Fresh Fruit

**25**  
 Bow Tie Pasta in a Lemon Butter Sauce  
 w/ Grilled Chicken & Broccoli  
 Wheat Roll  
 Seasonal Fresh Fruit  
 V: Bow Tie Pasta w/ Veggie "Chicken"

**26**  
 Cheese Burger on a Whole Wheat Bun  
 Shoe String Fries  
 Seasonal Fresh Fruit  
 V: Veggie Burger

**27**  
 Macaroni & Cheese w/ Grilled Chicken  
 Mixed Veggies  
 Seasonal Fresh Fruit  
 V: Macaroni & Cheese

**28**  
 Oven Baked Chicken Nuggets  
 Steamed White Rice w/ Brown Gravy  
 Seasonal Fresh Fruit  
 V: Veggie Nuggets

### DAILY SNACK ITEMS

**MON:** A.M. Cheerios / P.M. Fresh Cut Fruit

**TUES:** Apple Sauce / P.M. Fresh Cut Fruit

**WED:** A.M. Bananas / P.M. Veggie Sticks

**THURS:** A.M. Strawberry Banana Apple Sauce / P.M. Cheese Sticks

**FRI:** A.M. Strawberry Yogurt / P.M. Vanilla Wafers

