

Lunch Menu

Lunch - Week 1, Monday - Friday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Macaroni and Cheese (702.8) 1/2 cup *Steamed Broccoli (2050.1) 1/2 cup *Mashed Fresh Banana (1318.8) 1/2 each *Whole Milk (57993.12) 8 fl oz	*Black Beans (2478) 1/2 cup *White Rice (2) 1/2 cup *Chopped Fine Steamed Broc (4911.3) 1/2 cup *Mashed Fresh Banana (1318.8) 1/2 each *Whole Milk (57993.12) 8 fl oz	*Grilled Cheese Sandwich (1796) 1 sandwich *Fresh Steamed Carrots (4601) 1/2 cup *Fresh Fruit Salad (30925) 4 ounce *Whole Milk (57993.12) 8 fl oz	*Grilled Chicken Tenders (47150) 2 ounce *Lima Beans (746) 1/2 cup *Diced Peas (11377) 1/2 cup *Cheddar cheese (44420.1) 1 ounce *Whole Milk (57993.12) 8 fl oz	*Cheese Pizza (22001) 1 each *Fresh Green Beans (71354.2) 1/2 cup *Whole Milk (57993.12) 8 fl oz *Mashed Fresh Banana (1318.8) 1/2 each		

Daily needs:

- Gluten Free Diets: Grilled Chicken (1 breast per child)
- Vegetarian Diets: Noodles or Rice (1/2 Cup per child)
- No Beef/No Pork Diets: Grilled Chicken (1 breast per child)
- No Dairy Diet: Noodles or Rice on days with cheese items (1/2 Cup per child)

Lunch Menu

Lunch - Week 2, Monday - Friday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Horned Noodles (124) 1/4 cup *Mushrooms (2005, 1) 1 cance *Marinara Sauce (232) 1 ladle-1oz *Steamed Yellow Squash (4331) 1/2 cup *Mashed Fresh Banana (4318, 5) 1/2 each *Whole Milk (37003, 12) 8 fl oz	*Chicken Tenders (104) 2 cance *Toasted Potatoes (3382, 5) 1/2 cup *Soft Green Beans (2134, 1) 1/2 cup *Fresh Fruit Cup (1579) 1/2 cup *Whole Milk (37003, 12) 8 fl oz	*Hamburger White Bun (3505, 31) 1/2 each *Whole Kernel Corn (744) 1/2 cup *Tater Tots (1172) 1/2 cup *Diced Peaches (10335, 1) 1/2 cup *Whole Milk (37003, 12) 8 fl oz	*Pancakes (37536, 1) 3 each *Fresh Steamed Carrots (4431) 1/2 cup *Fresh Fruit Cup (1579) 1/2 cup *Whole Milk (37003, 12) 8 fl oz	*Cheese Pizza (2205) 1 each *Soft Green Beans (2134, 1) 1/2 cup *Mashed Fresh Banana (1318, 5) 1/2 each *Whole Milk (37003, 12) 8 fl oz		

Daily needs:

Gluten Free Diets: Grilled Chicken (1 breast per child)

Vegetarian Diets: Noodles or Rice (1/2 Cup per child)

No Beef/No Pork Diets: Grilled Chicken (1 breast per child)

No Dairy Diet: Noodles or Rice on days with cheese items (1/2 Cup per child)